

A decorative graphic in the top left corner consisting of overlapping, stylized flower petals or leaves made of fine, concentric lines in a light green color.

Nymphaea Spa

BODY & FACE CARE MENU



RELAX
REJUVENATE
RELIEVE

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Massage Wellness

HOLISTIC MASSAGE

60min/90min - 85.00€/115.00€

Holistic massage benefits the mind, body and spirit. Massage relaxes taut muscles, aids lymphatic drainage, releases toxins and benefits the "whole" in many other positive ways. Physical and emotional stress can be reduced through therapeutic touch and a myriad of other restrictive problems can also be alleviated

APIVITA AROMATHERAPY MASSAGE

60min/90min - 85.00€/115.00€

Invigorating and relaxing massage that fully utilizes the aromatherapy expertise of APIVITA. Select a unique blend of essential oils on exceptional benefits to your skin as well as your mood.

DEEP TISSUE MASSAGE

60min/90min 90.00€/120.00€

This deep relaxant massage which focuses on relieving specific stress and muscle tension, gives the whole body a vigorous workout. This treatment which is combined with specially blended massage oils, can be tailor-made to suit the Individual needs of the client.

JET LAG AROMATHERAPY MASSAGE

60min/90min-85.00€-115.00€

A rebalancing treatment that stimulates the circulation reduces swelling and eases muscle tension. This treatment combines with Swedish- Aromatherapy- Detoxifying, foot and Scalp massage to sooth you after a long journey.

DEEP TISSUE BACK MASSAGE

45min-80.00€

Alleviate high stress levels, ease aching muscles and revive the senses with this powerful deep tissue massage. Dynamic blends of essential oils and level of pressure are customized to target individual needs. Helps relax, recharge and re-energies, whilst tension melts away.

INDIAN HEAD MASSAGE

45min-80.00€

Indian Head Massage, also known as Champissage, is a form of relaxation massage that focuses on the face, head, neck and shoulders, upper back and upper arms which are important energy centers within the body. It is very relaxing and has a balancing effect on the recipient as it helps them to release stress and tension creating a sense of peace and well being.

RELAXING FOOT MASSAGE

45min-80.00€

A stimulating massage, including reflexology points on the soles of the feet and lower legs to encourage the natural flow of energy throughout the body and its organs, giving you a feeling of re-balance and wellbeing.

Peace Rest Relaxation

LAVA SHELLS MASSAGE 60min-95.00€

Lava Shells massage is greatly enjoyable for anyone with tense muscles, as the heat from the Lava Shells will gently relax and smooth away knots. The shells also give off calcium ions when heated, which transfers to your skin during the massage. Calcium can help to firm and regenerate the skin a nice bonus. Lava Shell massage can:

- Boost circulation of blood and lymph
- Soothe aches and pains
- Reduce swelling and water retention

HOT CANDLE MASSAGE 60min-95.00€

Close your eyes. Imagine yourself lying down, ready to receive a massage. Imagine now a thread of hot melted candle wax running through your body. This is candle massage, an American technique that won over the beauty clinics and that became a success. This massage has as the concept stimulating the senses and uses a special wax prepared with essential and scented oils to provide relaxation.

Face Beauty

MEDITERRANEAN SKIN FOOD

60min-80.00€

A treatment based on the nourishing and antioxidant ingredients of the Mediterranean diet. Mediterranean skin food offers complete care for every skin type and combines all the necessary steps for effective rejuvenation and renewal of the skin.

WINE ELIXIR

70min-90.00€

ANTI-AGEING FACE TREATMENT WITH RED WINE AND BEE WAX

An anti-aging and firming facial that utilizes the powerful antioxidant qualities of red wine. APIVITA's combination of different massage techniques such as "acupressure diffusion" and lymphatic drainage activates the process of regeneration of the skin. The express mask with red wine that follows offers a natural "lifting" experience that will give you immediate and visible results.

DEEP FACE DETOX

70min-85.00€

DETOXIFYING FACE TREATMENT WITH CLAY AND OLIVE GRAINS

Specialized facial for skin in need of deep cleansing. The treatment utilizes the beneficial detoxifying qualities of clay that help the skin to purify and remove excess sebum, pollutants and blackheads. Feel the rejuvenation offered by the exclusive lymphatic massage of APIVITA, followed by moisturizing mask that rebalances moisture levels after the clay mask. Suitable for all skin types.

QUEEN BEE ROYAL HONEY FIRING TREATMENT

75min-90.00€

Luxurious Holistic anti-aging treatment- inspired by the bee dance, ensures best cellular communication between the skin layers acting on 6 levels and treating all causes to aging skin. Highly concentrated in natural actives and the exceptional benefits of royal jelly, the NEW Queen Bee is an elixir of life and youth for skin, restoring firmness and elasticity & Offering lifting effect. Intensive hydration and radiance supplement the exceptional benefits of this treatment. The unique APIVITA lifting massage and a targeted energy point. Activation techniques boost cell renewal, invigorate and stimulate microcirculation.

MEN'S FACIAL TREATMENT

60min-80.00€

A refreshing, holistic combination of intensive facial treatment and back massage that offers relaxation and a feeling of euphoria. APIVITA Men's Care line with cardamom and cedar deeply cleanses, energizes and hydrates skin, diminishing wrinkles and dark circles in the eye area.

AYURVEDIC MARDANA MASSAGE

60min-95.00€/90min-125.00€

Ayurvedic Mardana Massage is a fundamental tool to restore and maintain balance on all levels (physical, psychological, spiritual). It is a healing and relaxing method that relieves stress, soothes painful muscular strains, tones the muscles, revitalizes the body, improves the immune, the circulatory and the lymph system. It detoxifies, burns fats, beautifies the skin and slows down the aging process. It restores a sense of peace and wellbeing and assists the receiver to enter into a meditative state.



Rejuvenate your Body & Soul

BLOOMING LIFE FOR TWO

150min-385.00€

Blooming Life package lets our guest relax and revitalize the skin with 30 minutes of Body Scrub with Royal Honey followed by a 60-minutes Aromatherapy Oil Massage. Next, the guest gets to relish with 60 minutes of Wine Elixir Facial. It's the salubrious renewal of the skin, our largest organ, from head to toes.

ROYAL HONEY EXPERIENCE

90min-120.00€ per person

Luxurious anti-aging treatment with fresh royal jelly and honey. Royal jelly, known as the elixir of youth, offers intensive nourishment, repair and renewal even to the most demanding skins. A holistic, honey-sweet beauty experience that improves skin texture and offers an incomparable feeling of relaxation and euphoria.

Included 30min Royal Honey Body Scrub & 60min Queen Bee Royal Face Treatment.

TOTAL RELAX FOR TWO

120min-340.00€

Finish your day with a total relax treatment where it will offer you absolute wellness. This experience starts with Ayurvedic Mardana Massage and closed with a Deep Face Detox Treatment. Enjoy your trip!

RELAXING COUPLES MASSAGE

70min-240.00€

Experience an unforgettable day together, away from worries and problems of everyday life. Body massage for couples is for you who wish to spend some time together at an ultimate relaxing experience. Through this common experience, the couple feels less anxious, with more energy, wellness, peace of mind and psychosomatic balance. Enjoy together with your partner an experience that will relax and rejuvenate you!

DEEP HYDRATING COOLING TREATMENT

70min-90.00€

A refreshing treatment that deeply hydrates and regenerates skin. The treatment includes a full body massage with a combination of plant oils that moisturizes and nourishes the skin, leaving it soft and smooth. A wrap with fossil body mask refreshes and soothes irritated skin after sun bathing and provides the body skin with deep moisture. Following, a short facial with the express mask with aloe rejuvenates the skin and provides a feeling of freshness. Recommended for dry dehydrated skin, and ideal after extended sun exposure.

APIVITA BODY SCRUBS

45min-70.00€

Exfoliation is important for the invigoration and renewal of the skin as it removes dead cells, it stimulates microcirculation and detoxifies, leaving skin silky-smooth and soft.

Pure Jasmine exfoliating treatment

Royal Honey exfoliating treatment with sea salts

Herbal Sea Salt exfoliating treatment with sea salt & organic lavender flowers

(Make a combination of a Body Scrub of your choice, and a massage treatment and get a 10% off)

SPA FACILITIES

1. Use of the Jacuzzi: 30min-20.00€ per person 2. Use of the Steam Room: 30min-20.00€ per person

3. Use of the Jacuzzi & Steam Room: 60min-40.00€ per person





natural

APIVITA cosmetics combine naturally derived active ingredients, extracts from plants of the Greek nature, beehive products of high nutritional value, and organic essential oils.

APIVITA formulations contain 85-100% natural ingredients ranging which do not contain silicones, parabens, mineral oil, propylene glycol, polycyclic musks, nitro-musks, phthalates, as well as other ingredients that have been associated with adverse effects on health or the environment.

effective

APIVITA's Research and Development department has a proven track record of experience in developing INNOVATIVE natural and effective cosmetics. The ingredients used are on the cutting edge of green cosmetology. The R&D department also measures activity and effectiveness with in vivo and in vitro clinical studies, in collaboration with Greek and international universities, while clinical studies are also conducted on the final product, in close partnership with research institutes and universities.

holistic

Inspired by the Hippocratic philosophy, we address the individual concerns of each customer's skin in a comprehensive way. Each APIVITA product has multiple actions: hydration, protection from environmental aggressors, prevention and treatment of signs of aging or other problems, plus – thanks to pure, 100% certified organic essential oils – uplifting, invigoration, relief from tension and stress. All products are ideal partners that reinforce each other and act synergistically to offer maximum results.

POLICY - TERMS & CONDITIONS

THE SPA INVITES YOU FOR A RELAXING AND REJUVENATING EXPERIENCE FROM 10.00 AM TO 20.00 PM

Advanced Reservations

We highly recommend that you schedule your appointments at least 2 hours in advance to ensure that your preferred time and treatment or service is available.

Cancellation Policy

Please give at least a 24-hour notice of cancellation to avoid full charge. A credit card number, advanced payment, or gift certificate number may be required at the time of the booking. For spa packages and two or more guests coming together we require a 24-hour cancellation notice. Groups and bridal parties will require a 50% deposit at time of booking. We do not provide refunds for cancelled or missed appointments.

Spa Arrival

We recommend that you check in at Spa Reception at least 15 minutes prior to your appointment. This gives you time to enjoy a warm or cool beverage and to start the relaxation process prior to your service. Late arrival may mean reduced treatment time we have to finish on time regardless of time you came.

Payment Types

We accept cash, debit cards, Visa and MasterCard - with proper identification.

Spa Etiquette

Our Spa environment is one of tranquility and relaxation. Please respect all spa guests' right to privacy and serenity. Please turn off all cellular phones and pagers while in the spa area and please keep voices to a whisper.

Health Conditions

Please advise us of any health conditions, allergies, or injuries that could affect your treatment or service when making your Spa reservation.

Loss or Damage

We regret that we cannot be responsible for any loss or damage of personal articles. Please keep all valuables with you during your visit.

Prices

Prices for services and products are subject to change on our website and menus without advance notice.

Terms and Conditions

Nymphaea Spa reserves the right to change these terms and conditions from time to time in its sole discretion.

Where Touch Brings Peace

Nymphaea Spa

BODY & FACE CARE MENU

Firostefani - Santorini

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