



NATURAL

APIVITA cosmetics combine naturally derived active ingredients, extracts from plants of the Greek nature, beehive products of high nutritional value, and organic essential oils.

APIVITA formulations contain 85-100%, natural ingredients ranging which do not contain silicones, parabens, mineral oil, propylene glycol, polycyclic musks, nitromusks, phthalates, as well as other ingredients that have been associated with adverse effects on health or the environment.

EFFECTIVE

APIVITA's Research and Development department has a proven track record of experience in developing INNOVATIVE natural and effective cosmetics. The ingredients used are on the cutting edge of green cosmetology. The R&D department also measures activity and effectiveness with in vivo and in vitro clinical studies, in collaboration with Greek and international universities, while clinical studies are also conducted on the final product, in close partnership with research institutes and universities.

HOLISTIC

Inspired by the Hippocratic philosophy, we address the individual concerns of each customer's skin in a comprehensive way. Each APIVITA product has multiple actions: hydration, protection from environmental aggressors, prevention and treatment of signs of aging or other problems, plus – thanks to pure, 100% certified organic essential oils – uplifting, invigoration, relief from tension and stress. All products are ideal partners that reinforce each other and act synergistically to offer maximum results.

Massage Wellness

HOLISTIC MASSAGE 60min/90min

Holistic massage benefits the mind, body and spirit. Massage relaxes taut muscles, aids lymphatic drainage, releases toxins and benefits the "whole" in many other positive ways. Physical and emotional stress can be reduced through therapeutic touch and a myriad of other restrictive problems can also be alleviated.

AROMATHERAPY MASSAGE 50min/90min

It is a complete body treatment which uses essential oils made from plant and herb extracts. The oils have either detoxifying, stimulating or relaxing properties chosen to suit individual needs. The aroma from the oils has therapeutic effect and brings a feeling of wellbeing.

DEEP TISSUE MASSAGE 60min/90min

This deep relaxant massage which focuses on relieving specific stress and muscle tension, gives the whole body a vigorous workout. This treatment which is combined with specially blended massage oils, can be tailor-made to suit the Individual needs of the client.

JET LAG AROMATHERAPY MASSAGE 60min/90min

A rebalancing treatment that stimulates the circulation reduces swelling and eases muscle tension. This treatment combines with Swedish- Aromatherapy- Detoxifying, foot and Scalp massage to sooth you after a long journey.

DEEP TISSUE BACK MASSAGE 40min

Alleviate high stress levels, ease aching muscles and revive the senses with this powerful deep tissue massage. Dynamic blends of essential oils and level of pressure are customized to target individual needs. Helps relax, recharge and re-energies, whilst tension melts away.

INDIAN HEAD MASSAGE 45min

Indian Head Massage is a form of relaxation massage that focuses on the face, head, neck and shoulders, upper back and upper arms which are important energy centers within the body. It is very relaxing and has a balancing effect on the recipient as it helps them to release stress and tension creating a sense of peace and well-being.

RELAXING FOOT MASSAGE 40min

A stimulating massage, including reflexology points on the soles of the feet and lower legs to encourage the natural flow of energy throughout the body and its organs, giving you a feeling of re-balance and wellbeing.

Peace-Rest-Relaxation

AYURVEDIC MARDANA MASSAGE 60min

Ayurvedic Mardana Massage is a fundamental tool to restore and maintain balance on all levels (physical, psychological, spiritual). It is a healing and relaxing method that relieves stress, soothes painful muscular strains, tones the muscles, revitalizes the body, improves the immune, the circulatory and the lymph system. It detoxifies, burns fats, beautifies the skin and slows down the aging process.

It restores a sense of peace and wellbeing and assists the receiver to enter into a meditative state.

Face Beauty

MEDITERRANEAN SKIN FOOD 50min

A treatment based on the nourishing and antioxidant ingredients of the Mediterranean diet. Mediterranean skin food offers complete care for every skin type and combines all the necessary steps for effective rejuvenation and renewal of the skin.

WINE ELIXIR 60min

ANTI-AGEING FACE TREATMENT WITH RED WINE AND BEE WAX

An anti-aging and firming facial that utilizes the powerful antioxidant qualities of red wine. APIVITA's combination of different massage techniques such as "acupressure diffusion" and lymphatic drainage activates the process of regeneration of the skin. The express mask with red wine that follows offers a natural "lifting" experience that will give you immediate and visible results.

DEEP FACE DETOX 50min

DETOXIFYING FACE TREATMENT WITH CLAY AND OLIVE GRAINS

Specialized facial for skin in need of deep cleansing. The treatment utilizes the beneficial detoxifying qualities of clay that help the skin to purify and remove excess sebum, pollutants and blackheads. Feel the rejuvenation offered by the exclusive lymphatic massage of APIVITA, followed by moisturizing mask that rebalances moisture levels after the clay mask. Suitable for all skin types.

QUEEN BEE ROYAL HONEY FIRMING TREATMENT 75min

Luxurious Holistic anti-aging treatment- inspired by the bee dance, ensures best cellular communication between the skin layers acting on 6 levels and treating all causes to aging skin. Highly concentrated in natural actives and the exceptional benefits of royal jelly, the NEW Queen Bee is an elixir of life and youth for skin, restoring firmness and elasticity & offering lifting effect. Intensive hydration and radiance supplement the exceptional benefits of this treatment. The unique APIVITA lifting massage and a targeted energy point. Activation techniques boost cell renewal, invigorate and stimulate microcirculation.

MEN'S FACIAL TREATMENT 60min

A refreshing, holistic combination of intensive facial treatment and back massage that offers relaxation and a feeling of euphoria. APIVITA Men's Care line with cardamom and cedar deeply cleanses, energizes and hydrates skin, diminishing wrinkles and dark circles in the eye area.

Rejuvenate Your Body & Soul

BLOOMING LIFE FOR TWO 150min

Blooming Life package lets our guest relax and revitalize the skin with 30 minutes of Body Scrub with Royal Honey followed by a 60-minutes Aromatherapy Oil Massage. Next, the guest gets to relish with 60 minutes of Wine Elixir Facial. It's the salubrious renewal of the skin, our largest organ, from head to toes.

ROYAL HONEY EXPERIENCE 90min (per person)

Luxurious anti-aging treatment with fresh royal jelly and honey. Royal jelly, known as the elixir of youth, offers intensive nourishment, repair and renewal even to the most demanding skins. A holistic, honey-sweet beauty experience that improves skin texture and offers an incomparable feeling of relaxation and euphoria.
Included 30min Royal Honey Body Scrub & 60min Queen Bee Royal Face Treatment.

TOTAL RELAX FOR TWO 120min

Finish your day with a total relax treatment where it will offer you absolute wellness. This experience starts with Ayurvedic Mardana Massage and closed with a Deep Face Detox Treatment.

Enjoy your trip!

RELAXING COUPLES MASSAGE 70min

Experience an unforgettable day together, away from worries and problems of everyday life. Body massage for couples is for you who wish to spend some time together at an ultimate relaxing experience. Through this common experience, the couple feels less anxious, with more energy, wellness, peace of mind and psychosomatic balance. Enjoy together with your partner an experience that will relax and rejuvenate you!

APIVITA BODY SCRUBS 45min

Exfoliation is important for the invigoration and renewal of the skin as it removes dead cells, it stimulates microcirculation and detoxifies, leaving skin silky-smooth and soft.

- Pure Jasmine exfoliating treatment
- Royal Honey exfoliating treatment *with sea salts*
- Herbal Sea Salt exfoliating treatment *with sea salt & organic lavender flowers*

(Make a combination of a Body Scrub of your choice, and a massage treatment and get a 10% off)

1. Use of hammam for 30 min -rate per person
2. Use of jacuzzi for 30 min- rate per person

(Make a combination of a Body Scrub of your choice, and a massage treatment and get a 10% off)